

EXERCISE SCIENCE

FORGING FUTURES
T  **GETHER**
NORTH CENTRAL MICHIGAN COLLEGE

With a surge in demand driven by a growing focus on preventive healthcare, qualified Exercise Science professionals are highly sought after in today's job market. Make a positive impact by guiding individuals toward health, fitness, and wellness. Take the first step toward a rewarding, impactful career in exercise science with North Central's specialized program.

PROGRAM HIGHLIGHTS

- **Industry-Relevant Curriculum:** We've designed our program to meet the current demands and standards of the exercise science field, ensuring graduates are well-prepared for various career paths.
- **Seamless Credit Transfer:** North Central's program is aligned with the Michigan Transfer Agreement, facilitating easy transfer of credits to partner universities for graduates pursuing further education.
- **Hands-On Learning:** Gain practical, real-world experience through our emphasis on hands-on training and lab work.
- **Diverse Career Options:** From fitness assessment to wellness promotion, our comprehensive program provides a broad spectrum of career opportunities.



5.1%

PROJECTED GROWTH
2024-2031



\$81,075

AVERAGE SALARY IN MICHIGAN

September 2024



CAREER OPPORTUNITIES

- Rehabilitation Physician
- Cardiovascular Technologist
- Exercise Physiologist
- Personal Trainer
- Fitness Coach/Trainer



* EXERCISE SCIENCE — ASSOCIATE OF SCIENCE CONCENTRATION

This program designed to provide students with a foundational understanding of exercise physiology, fitness assessment, and wellness promotion, focusing on the scientific principles behind exercise, physical activity, and overall health and wellness. It provides a solid foundation for students interested in pursuing a bachelor's degree in exercise science, kinesiology, or related fields.



TRANSFER OPPORTUNITIES

Graduates are prepared for entry-level roles in exercise science or for bachelor's degree completion in this or a related field. Scan the QR code for detailed transfer information.

North Central students' top five transfer destinations are:

1. Lake Superior State University
2. Grand Valley State University
3. Michigan State University
4. Central Michigan University
5. Ferris State University



PARTNER

* This program meets Michigan Transfer Agreement (MTA) requirements, which guarantees your North Central credits will transfer seamlessly to participating partner universities statewide.



Learn more.

Learn more about our Exercise Science program as well as job and salary information.



Visit campus.

We would love to show you more about life at North Central. Schedule a group or personal tour.

ncmich.edu/visit



Apply today.

Fill out the FREE application to start your journey as a future Timberwolf!

ncmich.edu/apply



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NCMICH.EDU 888-298-6605